



Southwood School



Physical Education and Sport Grant expenditure:

Report to parents: 2020 to 2021

Southwood School continued to receive the Physical Education (PE) and Sports grant during 2020/21. The Grant is allocated to maintained schools and academies, for children of statutory school age. As the needs of each school will vary, the Government continues to give schools the freedom to decide how best to spend their funding. The funding has remained the same amount due to the Government's pledge to equip all children with the skills and knowledge required to participate in a healthy lifestyle.

Physical activity has and always will have a huge potential to enhance our wellbeing and mental health. Regular physical activity can increase our self-esteem and reduce stress and anxiety. Our programme of Physical Education continues to be designed to encourage and teach the skills required for a positive healthy lifestyle.

Southwood School continues to give PE and Physical Activity a high profile and the allocated fund for Southwood School for 2020/21 was £18,070.

The Purpose of the Grant

The funding must be used to fund improvements to the provision of PE and sport for the benefit of primary-aged pupils. During 2020/21 we will be focussing on the five outcomes for High Quality PE and Sports provision.

Schools are free to spend the PE and Sport Grant as they see fit, providing it is meeting the above criteria. However, we are held accountable for how we have used the additional funding to support pupils. From April 2014 schools have been required to publish online information about how we have used the Grant. This will ensure that parents and others are made fully aware of the impact it has had.

Number of pupils and PE and Sport Grant received

Total number of pupils on roll	188
Total amount of PE and Sport Grant received	£18,070
Carried over from 2019 to 2020	£3570
Available to spend 2020 to 2021	£21,640

Nature of support 2020/21

The funding received has been allocated in the following ways towards the five key outcomes:

- 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles**
 - *Funding to support all children have outdoor adventurous activity days at Caldecotte (year 3 and 4) and The Frontier Centre (Year 5 and 6 - £2300 + £2258 = £3398*
 - *Funding for physical education resources for playtimes and lunchtimes - £1133*
- 2. The profile of PE and sport being raised across the school as a tool for whole school improvement**
 - *Sports Coach after school club provision - £3000*
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport**
 - *Sports Coach with PE Coordinators - £500*
- 4. A broader range of sports and activities offered to all pupils**
 - *MK Dons Football – after school activities - £1140*
 - *Gravity Trampolining trip - £620*
- 5. Increased participation in competitive sport**
 - *Minibus contribution - £5468*

Total spent - £15 259 Carry forward - £6381

Impact of PE and Sport spending 2020/21

Every week, each pupil takes part in a High Quality PE sessions offered by either a sports coach or the class teacher. Teaching Assistants are used to support these sessions, if needed.

- 1.The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles**
 - *The outdoor adventurous activity days at Caldecotte and the Frontier Centre developed children's physical and mental strength and gave many children an experience that they had never had previously*
 - *Lunchtime resources have encouraged a more active participation at lunchtimes*
- 2.The profile of PE and sport being raised across the school as a tool for whole school improvement**
 - *The level of children whose whole body control, concentration and ability to follow complex instructions has increased*

- *Children are able to access physical activities in improved outside provision*

3. Increased confidence, knowledge and skills of all staff in teaching PE and sport

- *New sports are being offered to pupils*

4. A broader range of sports and activities offered to all pupils

- *After school clubs are regularly provided for children (when Covid allows)*
- *Skills learnt at clubs are demonstrated within PE sessions*
- *Targeted clubs have had a positive impact on children's play skills and team building capabilities*
- *Trampolining gave Year 6 children an experience to develop their physical stamina and promote desire for active lifestyle*

5. Increased participation in competitive sport

- *The MKSSP programme is engaged in fully in a normal year, however due to COVID-19, this wasn't possible in this academic year*
- *The funding towards the minibus enables the school to take part in a range of fixtures across the school year (COVID-19 allowing)*