



## Southwood School

### Physical Education and Sport Grant expenditure:

### Report to parents: 2022 to 2023

Southwood School continued to receive the Physical Education (PE) and Sports grant during 2022 to 2023. The Grant is allocated to maintained schools and academies, for children of statutory school age. As the needs of each school will vary, the Government continues to give schools the freedom to decide how best to spend their funding. The funding has remained the same amount due to the Government's pledge to equip all children with the skills and knowledge required to participate in a healthy lifestyle.

Physical activity has and always will have a huge potential to enhance our wellbeing and mental health. Regular physical activity can increase our self-esteem and reduce stress and anxiety. Our programme of Physical Education continues to be designed to encourage and teach the skills required for a positive healthy lifestyle.

Southwood School continues to give PE and Physical Activity a high profile and the allocated fund for Southwood School for 2022 to 2023 was £17,799.

#### The Purpose of the Grant

The funding must be used to fund improvements to the provision of PE and sport for the benefit of primary-aged pupils. During 2022 to 2023 we focussed on the five outcomes for High Quality PE and Sports provision.

Schools are free to spend the PE and Sport Grant as they see fit, providing it is meeting the above criteria. However, we are held accountable for how we have used the additional funding to support pupils. From April 2014 schools have been required to publish online information about how we have used the Grant. This will ensure that parents and others are made fully aware of the impact it has had.

Number of pupils and PE and Sport Grant received	
Total number of pupils on roll in July 2022	193
Total amount of PE and Sport Grant received	£17,799
Available to spend 2020 to 2021	£17,799

## Nature of support 2022 to 2023

The funding received has been allocated in the following ways towards the five key outcomes:

- 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles**
  - *Funding for physical education resources for PE lessons*
  - *Temporary Swimming Pool*
- 2. The profile of PE and sport being raised across the school as a tool for whole school improvement**
  - *Sports Coach after school club provision and intervention provision*
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport**
  - *Sports Coach with PE Coordinators*
- 4. A broader range of sports and activities offered to all pupils**
  - *After-school clubs*
- 5. Increased participation in competitive sport**
  - *Minibus contribution*
  - *Sports Festivals (including Dance Project and Athletics)*

## Impact of PE and Sport spending 2022 to 2023

Every week, each pupil takes part in a High Quality PE sessions offered by either a sports coach or the class teacher. Teaching Assistants are used to support these sessions, if needed.

### **1.The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles**

- *PE resources have encouraged more skills to be developed during PE lessons*
- *After school clubs are regularly provided for children (Cross Country, Mixed Futsal, Multi Sports, Badminton, Dodgeball, Dance)*
- *Skills learnt at clubs are demonstrated within PE sessions*
- *Targeted clubs have had a positive impact on children's play skills and team building capabilities*
- *The temporary pool gave swimming opportunities for pupils in all year groups (which was in addition to the statutory term of swimming for KS2 pupils)*

### **2.The profile of PE and sport being raised across the school as a tool for whole school improvement**

- *Children needing physical development due to weight, or self-confidence have been able to have interventions*
- *The level of children whose whole-body control, concentration and ability to follow complex instructions has increased*
- *More children have had access to develop swimming skills, due to the temporary pool*

### **3. Increased confidence, knowledge and skills of all staff in teaching PE and sport**

- *The PE Subject Leads have met with the Sports Coach to discuss the KASC and ensure Medium Term Overviews have small step progression*

### **4. A broader range of sports and activities offered to all pupils**

- *After school clubs are regularly provided for children*
- *Skills learnt at clubs are demonstrated within PE sessions*
- *Targeted clubs have had a positive impact on children's play skills and team building capabilities*
- *Swimming lessons encourage a healthy lifestyle*

### **5. Increased participation in competitive sport**

- *The MKSSP programme is engaged in fully and enables the school to take part in Cross Country and Athletics championships*
- *The funding towards the minibus enables the school to take part in a range of fixtures across the school year*