



## Downs Barn School

### Physical Education and Sport Grant expenditure:

### Report to parents: 2024 to 2025

Downs Barn School continued to receive the Physical Education (PE) and Sports grant during 2024 to 2025. The Grant is allocated to maintained schools and academies, for children of statutory school age. Downs Barn School continues to give PE and Physical Activity a high profile.

Physical activity has and always will have a huge potential to enhance our wellbeing and mental health. Regular physical activity can increase our self-esteem and reduce stress and anxiety. Our programme of Physical Education continues to be designed to encourage and teach the skills required for a positive healthy lifestyle.

The allocated fund for Downs Barn School for 2024 to 2025 was £16,360.

#### The Purpose of the Grant

The funding must be used to fund improvements to the provision of PE and sport for the benefit of primary-aged pupils. During 2024 to 2025 we focussed on the five outcomes for High Quality PE and Sports provision.

Schools are free to spend the PE and Sport Grant as they see fit, providing it is meeting the above criteria. However, we are held accountable for how we have used the additional funding to support pupils. From April 2014 schools have been required to publish online information about how we have used the Grant. This will ensure that parents and others are made fully aware of the impact it has had.

#### **Number of pupils and PE and Sport Grant received**

Total number of pupils on roll (Reception, Year 1 and Year 2) in July 2025	93
Total amount of PE and Sport Grant received	£16,360
Carry forward from 2023 to 2024	£1704

## Nature of support 2024 to 2025

The funding received has been allocated in the following ways towards the five key outcomes:

- 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles**
  - *Swimming sessions for Year 1 and Year 2 in temporary pool at Southwood (£2000)*
  - *Midday Meals supervisor for playground (£5028)*
  - *Daily Mile staffing (£1710)*
- 2. The profile of PE and sport being raised across the school as a tool for whole school improvement**
  - *Purchase of PE resources to enhance PE lessons (£429)*
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport**
  - *Specialist Sports Coach (£1740)*
- 4. A broader range of sports and activities offered to all pupils**
  - *Sport for All – Activities to allow for Subject Leader release and after-school clubs (£2805)*
  - *Balanceability (£825)*
- 5. Increased participation in competitive sport**
  - *Minibus contribution (£3328)*

## Impact of PE and Sport spending 2024 to 2025

Every week, each pupil takes part in a High Quality PE sessions offered by either a sports coach or the class teacher. Teaching Assistants are used to support these sessions, if needed.

### **1.The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles**

- *PE resources have encouraged more skills to be developed during PE lessons*
- *Swimming lessons encourage a healthy lifestyle and the temporary pool at Southwood gave swimming opportunities for Year 1 and Year 2 pupils*
- *The additional Midday Meals supervisor enabled additional physical activities during lunch break for children*
- *The Daily Mile enables children to have daily exercise and for children to challenge themselves to walk/run further*
- *After school clubs are regularly provided for children*
- *Skills learnt at clubs are demonstrated within PE sessions*

- *Targeted clubs have had a positive impact on children's play skills and team building capabilities*

## **2. The profile of PE and sport being raised across the school as a tool for whole school improvement**

- *Children needing physical development due to weight, gross motor control skills, or self-confidence have been able to have interventions*
- *The level of children whose whole-body control, concentration and ability to follow complex instructions has increased*
- *More children have had access to develop swimming skills, due to the temporary pool at Southwood*

## **3. Increased confidence, knowledge and skills of all staff in teaching PE and sport**

- *The PE Subject Leads have met with the Sports Coach to discuss the KASC and ensure Medium Term Overviews have small step progression*

## **4. A broader range of sports and activities offered to all pupils**

- *After school clubs are regularly provided for children*
- *Targeted clubs have had a positive impact on children's play skills and team building capabilities*
- *Children are able to show their skills across a range of subjects, thus having a positive impact on confidence and self esteem*
- *Swimming and Balanceability lessons encourage a healthy lifestyle*

## **5. Increased participation in competitive sport**

- *The sports day was planned and supported by our Sports coach and facilitated by children from Southwood School*
- *Contribution to minibuss costs will enable attendance at competitive events*
- *Year 1 and Year 2 children took part in tournaments with their peers from Germander Park School and other infant schools*
- *The funding towards the minibuss enables the school to take part in a range of fixtures across the school year*